

Tiffin Fest 5k Run/ 1 Mi Walk Tiffin, Iowa Saturday, July 9, 2011 - 7 am

Thank you for considering the Tiffin Fest 5k Run/ 1 Mi Walk! This event was established in 2009 to enhance the Tiffin Fest activities.

Starting last year and continuing again this year, some of the profit from the run will go toward a scholarship in the name of Rob Chabal. Rob was an avid runner for a number of years and unexpectedly passed away in 2008, leaving behind a young family.

Fidelitas and Canopy Masonic Lodges have been members of their respective communities for over 135 years. Fidelitas Lodge is located in Fairfax while Canopy Lodge is located in Oxford. Masons belong to the oldest and most honorable fraternity known to man! They are men of good character and moral lives who strive to improve themselves and make their world a better place, starting at home. The Masons of North America contribute over \$2 million per day to charitable causes!! This philanthropy represents an unparalleled example of the humanitarian commitment of this great and honorable fraternity. Thank you for helping us at Fidelitas Lodge in Fairfax and Canopy Lodge in Oxford add to that total.

DOOR PRIZES!! DOOR PRIZES!!
All participants are automatically eligible for door prizes to be drawn after the race.

Things to Know

The Course: The run begins and ends at the Methodist Church on Hwy 6 in Tiffin. The rolling hills of Iowa will earn your respect by the end of this run!! The course is mostly rolling hills with limited, if any, flat stretches!!

Registration and Packet Pickup: We encourage you to pick up early to avoid any lines the day of the race. Packet pickup is from 6 – 8 pm Friday, July 8th at Tiffin Fest Park and from 6 – 7 am on Saturday, July 9th at the starting area.

Race Timing: Race starts at 7 am and will use electronic stopwatch timing.

T-Shirts: T-shirts will be picked up with your packets. Please don't forget to indicate the size you require on the registration form. If you register late your shirt may have to be mailed to you at a later date.

Prizes: Prizes will be awarded to the top male and female finishers in each age group. Age groups will include: under 16, 16 – 29, 30 – 39, 40 – 49, 50 – 59 and 60+. Prizes for top finishers have not been determined.

New Course Record Setters (Male and Female) from last year are free! If you know who you are, indicate such with your registration. If you don't we will contact you!! Anyone beating the standing course record will receive a free registration at the next Annual Race!!

Race Results: We will be awarding prizes to the winners and door prizes will also be drawn. You must be present to claim your prize.

Ideas for Next Year: Please share with us your ideas for next year's race!

Contact Information

Make checks payable to Canopy Lodge
Mail to
PO Box 165
Oxford, IA 52322
Phone: 319-929-1134
Email: fidelitas364@hotmail.com

Tiffin Fest 5k Run/ 1 Mi Walk Registration

Name: _____

Address (street): _____

Address (City, State, ZIP): _____

Gender: _____

Phone: _____

Email: _____

Age on Race Day: _____ Shirt Size: S M L XL

Entry	<u>Before Race Day</u>	\$20
Fees	<u>On Race Day</u>	\$25

NO REFUNDS

Read and Sign: Parent or Guardian must sign if under 18

Disclaimer: In consideration of your acceptance of this entry, I for myself, my heirs, my executors and administrators and assignees, forever release and discharge any rights, demands, claims for damages, and callers of suit or action, known or unknown, that I may have against the City of Tiffin, Johnson County, Fidelitas Lodge #364, A.F. & A.M., Canopy Lodge #290, A.F. & A.M., Tiffin Fest, and all participating sponsors and the directors, officers, employees, and agents of such parties, for any and all injuries resulting from my participation in the Tiffin Fest 5k Run/1 mi Walk, that I assume those expenses in the event of an accident, illness, or other incapacity regardless of whether I have authorized such expenses, and that I am physically fit and sufficiently trained to participate in this event. I release the rights to any and all photographic materials and computer information the race committee may release from this event without obligation to me.

Signed: _____

Dated: _____